Part 2 Preview New Worldwide Financial System Transhuman Bluetooth Payments

- Covid injection, Nanotechnology/Hydrogel Graphene Oxide
- Carbon nanotubes and derivatives CNT, SWCNT, MWCNT, Graphene quantum dots GQD, Hydrogel swimmers,
 Fractal graphene nanoantennas, Nanorouter or Nanocontrollers. CODEC or Nanointerface
- Intra-Body Nano Network and the Sentient World Simulation
- Bluetooth IP Addresses and Smartphone Gateways
- WEF 4th industrial revolution / Transhumanism
- Microsoft patent 060606
- Social Credit Score Patent? US Patent US 2021/0082583 A1
- Smart Cities, Smart Grids, 5G/6G, Starlink, and the IoT and the IoB
- Transhuman Bluetooth Payments
- The future that the Talmudic Satanic Khazarian Nephilim Bloodlines have planned for humanity

SOLUTIONS To Living Free and Thriving

The Solutions section provides solutions to live free and thrive in this world. The sections include: Food resources, financial considerations, technology solutions, building local economies, and considerations for neutralizing the effects of the fake-vaccine.

Food Resources

Home Gardening PDF's downloads from Freedom.social

Rooftop Gardens

Growing Vegetables at Home QandA

From the Ground Up Growing Vegetables at Home

Vegetable Gardening Basics

Farmers Guide to Home Gardening

Greenhouse Manual

Herb Gardening for Beginners

20+ Gardening PDF Books for Free Download!

Gardening 101 Lovat PDF

Gardening for Beginners 101

Container Gardening

Seed-Germination-Introduction

Growing Vegetables from Seed

Raised Bed Gardening

Garden Design Book

Planting Guide

Start or Join a Community Garden

AMERICAN COMMUNITY GARDENING ASSOCIATION

Set up a community garden

Mother Nature wants YOU to Join a Community Garden

Start — or Join — A Community Garden!

Tips for Joining or Starting a Community Garden in Your Neighborhood

<u>www.LocalFoods.market</u> has been developed for people who desire eat real food and for people who start home gardens and farmers to market and *sell food* via bartering, gold or silver, and decentralized digital currencies. The 1776 Token is featured and others can be added.

Income opportunities exist for this who desire to live free and allow others to live free.



Food Resources continued

After researching this section, all the work was already completed by Pete Kennedy of the Solari Report. This information is *very well researched information* published on www.CoreysDigs.com. I highly advise you all to take advantage of this section on locating food sources. Corey Lynn wrote the following article that all of you should read, it is accurate and this is the future the globalists have put in place for your food: NEW Controlled Food System is Already in Place and They Will Stop at Nothing to Accelerate Their Control

Finding Sources of Fresh Food

By Pete Kennedy, The Solari Report

With the accelerating deterioration in quality and reliability of the conventional food supply, one of the best steps anyone can take for health and preparedness is to increase purchases of food produced by regenerative farmers and small-scale artisans. What follows is a summary of resources to help you find fresh food.

Any search should start with the Weston A. Price Foundation (WAPF, <u>www.westonaprice.org</u>). WAPF is an international membership 501(c)(3) nonprofit dedicated to restoring <u>nutrient-dense</u> foods to the American diet through education, research, and activism. The foundation operates on a system of local chapters; there are around 320 chapters in the U.S. and close to another 75 internationally. It is the primary responsibility of each chapter leader to locate sources of real food for both WAPF members and non-members who ask. To find a WAPF chapter near you, go <u>here</u>.

Every December, WAPF also publishes its <u>Shopping Guide</u>, a comprehensive listing of sources for 30 food categories, including meat, dairy, poultry, ferments, and other nutritious foods. (Members receive the guide for free; non-members can purchase the guide for \$3.) With "Best," "Good," and "Avoid" rankings, the guide strives to identify the healthiest foods consumers can purchase in health food stores, supermarkets, and farms, including foods that can be ordered by phone or online.

I. Websites to Locate Regenerative Farms

For those who don't live near a WAPF chapter or who live in a food desert with few (if any) local sources of nutrient-dense foods, here are websites listing regenerative farmers that include those who ship their products:

- 1. <u>EatWild.com</u> Founded in 2001 to promote the benefits of eating meat, eggs, and dairy products from "100% grass-fed animals or other non-ruminant animals being fed their natural diets," EatWild features a state-by-state-plus-Canada <u>directory</u> of local farmers who sell pasture-raised products direct to consumers. The website's directory currently lists more than 1,400 pasture-based farms.
- 2. <u>LocalHarvest.org</u> Local Harvest's website has a directory listing "over 40,000 family farms and farmers markets along with restaurants and grocery stores that feature local food." Local Harvest has listings for local farms, community-supported agriculture (CSA) programs, farmers markets, restaurants, groceries, pick-your-own produce and farm stands.
- 3. <u>FarmMatch.com</u> The FarmMatch site connects consumers looking for nutrient-dense food with local farmers and buyers clubs selling food from local farms. Many of the producers on FarmMatch will also ship their products.
- 4. <u>RealMilk.com</u> This is the website for *A Campaign for Real Milk*, a project of the Weston A. Price Foundation to establish universal access to raw milk. All farmers and food buyers clubs listed on the site provide raw dairy products; many also sell meat, poultry, eggs, produce, and other foods. WAPF has both a national and international directory of producers. For an interactive map, go <u>here</u>.
- 5. <u>AzureStandard.com</u> Azure Standard markets the products of thousands of farmers and local businesses by providing a one-stop shop for people who have trouble finding organic, naturally produced foods locally. Azure delivers to drop points around most of the country and ships everywhere in the U.S. Go to azurestandard.com for more information.
- 6. <u>PolyfaceFarms.com</u> One farm that needs no help to successfully market its products is the world-famous Salatin family farm, Polyface Farm, located in southwest Virginia; the farm ships beef, pork, poultry, and other nutrient-dense foods across the country to customers ordering through <u>polyfaceyum.com</u>.

II. Listings by Certification Organizations

For those interested in getting verification of standards that farmers adopt in raising livestock or growing produce, there are a number of certification organizations providing those services.

Consumers looking for grass-fed meat and dairy from grass-fed animals can go to <u>AmericanGrassfed.org</u>, the website of the American Grassfed Association (AGA). For a list of AGA-certified farms, go <u>here</u>. AGA certifies farms as "grassfed" if the animals on the farm are:

- 1. only fed grass and forage from weaning until harvest;
- 2. never treated with antibiotics or added growth hormones;
- 3. raised on pasture without confinement; and
- 4. born and raised on American family farms.

The influence of industrial agriculture has diluted the United States Department of Agriculture's (USDA's) organic standards, especially for foods like dairy where giant confined animal feeding operations (CAFOs)—whose cows rarely or ever are out on pasture—nevertheless obtain USDA organic certification. The <u>RealOrganicProject.org</u> (ROP) formed to add on requirements to the current USDA standards to restore the term "organic" to its original intent. ROP has certified 850 "real organic" farmers; to view the list, go <u>here</u>.

Other certification organizations with listings for sources of wholesome foods include:

AGreenerWorld.org, which has listings for a variety of certifications with a directory page by "types of outlets" and product categories;

CertifiedHumane.org, which has a listing of retailers and producers of specific foods produced through humane farming practices; and

<u>Certified.NaturallyGrown.org</u> (<u>cngfarming.org</u>), which has a <u>listing</u> by state of producers that avoid GMO feeds and "any synthetic fertilizers, herbicides, and pesticides" as inputs for their operations. Types of operations include produce, livestock, harvesting mushrooms, aquaponics, and honey beekeeping. CNG also publishes the *Guide to Exceptional Markets* to promote "food co-ops, grocers, and farmers markets" featuring CNG producers.

III. More Local Connections

A. Edible Communities

Another network identifying sources of fresh food in over 90 cities via "independently owned, locally focused publications" is <u>EdibleCommunities.com</u>, which features stories on local farmers and food artisans. Restaurants and farmers markets are among the venues distributing free copies of Edible Communities magazines. Go here to see if a city you live in or near has an *Edible*.

B. Intentional Communities

An "intentional community" is <u>defined</u> as "a small, localized community of persons or families presuming common interests or values, and usually sharing responsibilities." The website <u>ic.org</u> lists over 1,100 intentional communities with farms in the U.S. and internationally. Most of these communities allow visitors; a number of them such as Cobb Hill Farm in Hartland, Vermont, have a farm store where consumers can purchase nutritious produce, meat, dairy, and other foods.

C. Community-Supported Agriculture

Consumers can lock in a supply of farm-fresh food by subscribing to CSA programs. CSAs have been defined as a production and marketing model whereby consumers buy shares of a farm's harvest in advance. The CSA model is mostly used for produce, but some CSAs offer meat, poultry products, eggs, or other foods, or some combination of produce and these other items. Under a produce CSA, subscribers prepay for a growing season to receive weekly distributions of produce; meat CSAs are often for a 6-month period, with winter and summer seasons for distribution to subscribers. There are also multi-farm CSAs. This business model helps farms by improving their cash flow and by having consumers share in the risk of anything going wrong with the harvest. The subscriber isn't guaranteed a specific amount of food, only that the share will be in proportion to the subscriber's membership interest in the harvest. You can find a list of CSAs in your area on the Local Harvest website.

D. Farmers Markets and Farm Stores

Aside from going to the farm, there are a number of other local venues where consumers can obtain farm foods as well as foods from local artisans, notably farmers markets. A good farmers market will have a broad array of producers selling quality meat, poultry, dairy, produce, ferments, and baked goods, among other foods. Farmers markets are booming in many areas of the country, and the National Farmers Market Directory (nfmd.org) maintains

a U.S. listing <u>online</u> by state. State farmers market associations, state departments of agriculture websites, and your local agricultural extension agents are other sources of information about farmers markets.

For farmers who don't have the time or inclination to set up at a farmers market, a farm store variation is increasingly taking root. In Ann Arbor, Michigan, for example, local farmers and artisans stock the store shelves at the Argus Farm Stop (argusfarmstop.com) themselves and receive 75% of the sale proceeds. The owners at Argus have trained others around the country in adopting this promising model to increase small-farm revenues and access to quality locally produced food in what amounts to a year-round, all-day farmers market.

E. Food Cooperatives

Another venue where consumers can find farm-fresh products are food cooperatives. "A food co-op is essentially a grocery store that's owned by the people that shop there. Members get to decide what foods and products are stocked on the shelves, where those items are purchased and what quality standards both products and vendors have to meet" [excerpt from <u>tasteofhome.com/article/food.co-ops</u>]. A national list of food co-ops is maintained by <u>CoopDirectory.org</u>. Before joining a co-op, do your due diligence to find out how much emphasis the co-op places on purchasing food from local farmers and artisans.

F. Buyers Clubs

Food buyers clubs distributing food direct from the farm usually have a less formal operation than food co-ops. Instead of a brick-and-mortar business where members own stock in the co-op, buyers clubs often work out of members' houses and the members pay an annual fee to belong to the club. If you live near a Weston Price Chapter, ask your chapter leader if there are any food buyers clubs in your area.

G. Food Hubs

A final venue, for the purposes of this story, is the food hub. The USDA defines a "<u>food hub</u>" as "a business or organization that actively manages the aggregation, distribution and marketing of source-identified food products primarily from local and regional food producers to strengthen their ability to satisfy wholesale, retail and institutional demand." Food hubs increase access and convenience for consumers wanting fresh food. There are currently around 300 food hubs in the U.S. A link to the USDA Food Hub Directory is posted at www.usdalocalfooddirectories.com.

ADDITIONAL SOURCES from www.CoreysDigs.com and www.Solari.com

Homesteading Tips from John Moody + Upcoming Rogue Food Events!

John will be teaching a 3-hour intensive on local food distribution, why most models fail, and how to build an alternative local food system.

Seeds for Generations - heirloom seeds and helpful webinars

Solari Food Risk Tracker

Solari Food Resources

Agorist Marketplaces

<u>www.Angorist.market</u> Connecting Counter-Economy Buyers with Sellers <u>www.LocalFoods.market</u> – pay with gold, silver, bartering, fiat cash, or cryptocurrencies

Financial Considerations

- Collectively, we could consider stopping paying taxes
- Live daily life and conduct commerce with Goldbacks
- The 1776 Token and CTEAM Token were developed 5 years ago with a technological approach to circumvent the worldwide blockchain CBDC slave system. The 1776 and CTEAM Tokens can be used on www.LocalFoods.market and FreedomMarket and ChristianMarket
 CLAIM 100 FREE 1776 TOKENS by going to www.Freedom.social and claim 1000 FREE CTEAM by going to www.Christian.team
- IMMEDIATELY get all fiat-based currency out of banks and invest in physical gold or silver or researched cryptocurrency stablecoins
- Catherine Austin Fitts says pay with cash. Respectfully I disagree because fiat-based cash is a debt-based currency and will soon have zero value and
 will soon be gone. I say we must fight technology with technology and develop our own standardization and methodology process that all freedomminded people and businesses worldwide universally adopt, along with blockchain node-based decentralized marketplaces that cannot be shut down
- <u>Lode Digital Silver and Gold Intelligence</u>. Protect your wealth and build a more honest economy. <u>Lode restores physical gold and silver as money</u>. This project is backed by <u>David Morgan</u> and has my support.

Technology

- **CRITICAL**: Develop our own standardization approach, methodology, and payment process. A decentralized payments API that is universally utilized worldwide by businesses and peer-to-peer worldwide whereby any decentralized digital currency can be added and utilized
- CRITICAL: Develop blockchain node-based decentralized marketplaces that cannot be shut down
- **CRITICAL:** Go live with a 3rd generation blockchain internet solution, examples include <u>Flux</u>, <u>Three Fold</u>, <u>Nexus</u>, and other projects such as <u>IPFS</u>, <u>Filecoin</u>, <u>Dweb</u>, <u>Theta</u>, <u>Helium</u>, <u>ChainLInk</u>, <u>Graft</u>.......
- CRITICAL: Stopping using a smartphone is so important on multiple levels

Neutralizing the Effects of the Fake-Vaccine

If you or a loved one, or a friend were tricked into taking the Transhuman death jab, it is very important that you neutralize the effects of the <u>graphene oxide</u> <u>nanoparticles</u> contained in the injections.

In a future report, I will prove how the fake-vaccine <u>jab transfers to the un-jabbed</u>, if <u>you have been around people who took the jab</u> it is important for you to neutralize the effects of shedding from the jab.

If you were forced to wear a mask, masks contain graphene.

In my own experience, I get very ill when I am around the jabbed, speaking for myself only, do your research, after I am around the jabbed I take the following: Ivermectin, zinc, Quercetin, glutathione, NAC, and vitamin D3, and sometimes I will nebulize chlorine dioxide.

Here are some articles to assist you in your research:

- Carrie Madej <u>Super Immune System Detoxification Guidelines</u>
- Dr. Adrianna Love <u>Graphene Oxide Detox Protocols For The Vaxxed and Unvaxxed</u>
- Dr. Bill McGraw Detox Aluminum & Graphene Oxide w/ Sarah Westall and this link
- Graphene Oxide Detox Protocols For The Vaxxed & Unvaxxed
- Canceling the Spike Protein, Blood Clotting with Ozone Therapy, and this Ozone Therapy link
- Spike Protein Detox Guide
- HOW TO REMOVE GRAPHENE OXIDE FROM THE BODY