

## How to get a religious exemption for college, employer or medical setting by Peggy Hall, [www.thehealthyamerican.org](http://www.thehealthyamerican.org)

1. Make your request **in writing** to the **highest authority** and find out who that is.

*"I am seeking a religious exemption from the vaccine, tests and masks and I want to know who is going to make the accommodations – as required by law – for my request."*

2. Ask if there is a **special form** they have that they want you to use.

*"Do you have a special form I need to fill out?"*

*"Do you require this to be signed by a religious leader?"*

*"Does it need to be notarized?"*

3. Take care of any **objections** in advance.

*"Is there any reason you would refuse to accommodate this exemption, which is required by law to be accommodated?"*

4. **ONLY answer their questions in writing.** Do NOT agree to a personal meeting or zoom meeting or phone call to discuss your exemption. GET EVERYTHING IN WRITING.

*"I need you to give me your questions or concerns about my request in writing so I can respond to them in writing as well."*

5. **Do NOT bring in any information related to the science,** data, the fact that vaccines kill people, that PCR tests don't work, that masks harm people, that covid doesn't exist, that this is a scamdemic, etc. Keep your request strictly related to your religious objection to the vaccine, tests and masks.

We provide personalized letters for your religious exemption at  
<https://www.thehealthyamerican.org/religious-exemption-letter>

6. **State exactly what accommodation you are seeking.**

*"My requested accommodation is that I work from home."*

*"It would be acceptable to me to be transferred to a different department."*

*"I can change my hours/location if necessary."*

*"I want to work normally, without wearing a mask or getting tested."*

7. **Your religious exemption ALSO applies to wearing masks and getting tested.** They may try to make you get tested frequently or wear a mask if you choose not to get vaccinated. Masks, tests and vaccines are all medical interventions that you have the right to decline based on your sincerely-held religious (or ethical/moral) beliefs.

**8. If your request is refused, get an appeal.**

*"Where do I submit my appeal to this decision?"*

*"Provide evidence that I am a direct threat to the health and safety of others."*

*"Where is the court order requiring me to cover my face or take a test that I do not consent to?"*

*"Where is the statutory law giving you authority over my personal health decisions?"*

*"Your refusal of my request constitutes discrimination."*

*"Are you going to terminate me? Are you willing to personally be held responsible for violating my constitutionally-protected religious rights?"*

*"I will hold YOU responsible for the liability and damages, not the company. You might lose your house, your car, your savings..."*

**9. If you are refused an appeal or an exemption, inform them you will be **making formal complaints** with these agencies:**

- a. EEOC (for employers)
- b. State Civil Rights agency
- c. State Consumer Affairs Board
- d. County District Attorney
- e. OSHA (for employers creating an unsafe workplace)
- f. U.S. Dept of Education (for schools)
- g. State Department of Education
- h. Health insurance (for medical settings)
- i. State Insurance Board
- j. State Professional Licensing Board
- k. Wrongful termination lawsuit (if you are fired)

**10. Keep a record of everything that happens.** Write down the facts and also write down your emotional distress. This will be needed if you sue the employer, school or medical setting for their blatant discrimination. Note: At this time we do not have attorney referrals. Please let us know if you can refer someone in your state.

DON'T GIVE UP! You are right and they are wrong. They will try to confuse you and intimidate you. Intimidation and harassment are against the law, especially after you have requested your religious exemption request.

**We provide personalized letters and additional important documents for you to successfully get your religious exemption. Go here for more information:**

**<https://www.thehealthyamerican.org/religious-exemption-letter>**

